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ISBN 978-90-481-3408-3



ATO Science for Peace and Security Series - A Chemistry and Biology

#### Metastable Systems under Pressure

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#### METASTABLE WATER UNDER PRESSURE

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**Abstract:** We have summarized some of the recent results, including studies for bulk, confined and interfacial water. By analyzing a cell model within a mean field approximation and with Monte Carlo simulations, we have showed that all the scenarios proposed for water's P–T phase diagram may be viewed as special cases of a more general scheme. In particular, our study shows that it is the relationship between H bond strength and H bond cooperativity that governs which scenario is valid. The investigation of the properties of metastable liquid water under pressure could provide essential information that could allow us to understand the mechanisms ruling the anomalous behavior of water. This understanding could, ultimately, lead us to the explanation of the reasons why water is such an essential liquid for life.

Keywords: water, anomalous behavior, simulations

#### 1. Introduction

Water's phase diagram is rich and complex: more than sixtee crystalline phases<sup>1</sup>, and two or more glasses<sup>2</sup>. The liquid state also displays intersting behavior. In the stable liquid regime water's thermodynamic response functions behave qualitatively differently than a typical liquid. The isothermal compressibility  $K_T$  and isobaric specific heat  $C_P$  each display a minimum as a function of temperature (at 46°C and 36°C for 1 atm, respectively) while for a typical liquid these quantities monotonically decrease upon cooling. Water's anomalies become even more pronounced as the system is cooled below the melting point and enters the metastable supercooled regime<sup>3</sup>. Here  $K_T$  and  $C_P$  increase rapidly upon cooling, with an apparent divergence for 1 atm at -45°C.<sup>4</sup> A precise understanding of the physico-chemical properties of liquid water is important to provide accurate predictions of the behavior of biological molecules<sup>5,6</sup>, geophysical structures<sup>7</sup>, and

S. Rzoska et al. (eds.), Metastable Systems under Pressure,

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nanomaterials<sup>8</sup> to mention just a few subjects of interest. Microscopically, the anomalous liquid behavior is understood as resulting from the tendency of water molecules to form hydrogen (H) bonds upon cooling, with a decrease of potential energy, decrease of entropy, and increase of distance between the bonded molecules. The low temperature phase behavior which results from these interactions, however, remains unknown because experiments on bulk water below the crystal homogenous nucleation temperature  $T_H$  (-38°C at 1 atm) are unfeasible. Four different scenarios for the pressure–temperature (P - T) phase diagram have been debated:

(i) The stability limit (SL) scenario<sup>9</sup> hypothesizes that the superheated liquid spinodal at negative pressure re-enters the positive *P* region below  $T_H(P)$  leading to a divergence of the response functions.

(ii) The singularity-free (SF) scenario<sup>10</sup> hypothesizes that the low-T anticorrelation between volume and entropy gives rise to response functions that increase upon cooling and display maxima at non-zero T, but do not display singular behavior.

(iii) The liquid-liquid critical point (LLCP) scenario<sup>11</sup> hypothesizes a firstorder phase transition line with negative slope in the P – T plan, separating a low density liquid (LDL) from a high density liquid (HDL), which terminates at a critical point C'. Below the critical pressure PC' the response functions increase on approaching the Widom line (the locus of correlation length maxima emanating from C' into the one-phase region), and for  $P > P_{C'}$  by approaching the spinodal line. Evidence suggests<sup>11-13</sup> that  $P_{C'} > 0$ , but the possibility  $P_{C'} < 0$  has been proposed.<sup>14</sup>

(iv) The critical-point free (CPF) scenario<sup>15</sup> hypothesizes a first-order phase transition line separating two liquid phases and extending to P < 0 down to the (superheated) limit of stability of liquid water. No critical point is present in this scenario.

Though experiments on bulk water are currently unfeasible, freezing in the temperature range of interest can be avoided for water in confined geometries<sup>16–18</sup> or on the surface of macromolecules.<sup>19–25</sup> Since experiments in the supercooled region are difficult to perform, an intense activity of numerical simulations has been developed in recent years to help interpret of the data<sup>26, 27</sup>. However, simulations at very low temperature *T* are hampered by the glassy dynamics of the empirical models of water.<sup>28,29</sup> It is therefore important to study simple models, which are able to capture the fundamental physics of water while being less computationally expensive. We analyze a microscopic cell model<sup>30</sup> of water that has been shown to exhibit any of the proposed scenarios, depending on choice of parameters.<sup>10,13, 31</sup> The model, whose dynamics behavior compares well with that of supercooled water,<sup>29,32</sup> is here studied using both mean-field (MF) analysis and Monte Carlo (MC) simulations.

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#### 2. The cell model

The model consists of dividing the fluid into N cells with index  $i \in [1, ..., N]$ , each with volume  $v_0$ , and occupation variable  $n_i = 0$  (for a cell with gas–like density) or  $n_i = 1$  (for a cell with liquid–like density). Each cell is assumed in contact with 4 nearest neighbor (n.n.) cells, mimicking the first shell of liquid water, in the simplified assumption of no interstitial molecules.



**Figure 1.** Numerical minimization of the molar Gibbs free energy g in the mean field approach. The model's parameters are  $J/\varepsilon = 0.5$ ,  $J\sigma/\varepsilon = 0.05$ ,  $v_{HB}/v_0 = 0.5$  and q = 6. In each panel we present g (dashed lines) calculated at constant P and different values of T. The thick line crossing the dashed lines connects the minima  $m_{\sigma}^{(eq)}$  of g at different T. Upper panel:  $Pv_0/\varepsilon = 0.7$ , for T going from  $k_BT/\varepsilon = 0.06$  (top) to  $k_BT/\varepsilon = 0.08$  (bottom). Middle panel:  $Pv_0/\varepsilon = 0.8$ , for T going from  $k_BT/\varepsilon = 0.05$  (top) to  $k_BT/\varepsilon = 0.07$  (bottom). Lower panel:  $Pv_0/\varepsilon = 0.9$ , for T going from  $k_BT/\varepsilon = 0.04$  (top) to  $k_BT/\varepsilon = 0.06$  (bottom). In each panel dashed lines are separated by  $k_B\delta T/\varepsilon =$ 0.001. In all the panels  $m_{\sigma}^{(eq)}$  increases when T decreases, being 0 (marking the absence of tetrahedral order) at the higher temperatures and  $\approx 0.9$  (high tetrahedral order) at the lowest temperature. By changing T,  $m_{\sigma}^{(eq)}$  changes in a continuous way for  $Pv_0/\varepsilon = 0.7$  and 0.8, but discontinuous for  $Pv_0/\varepsilon = 0.9$  and higher P.

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The system is described by the Hamiltonian <sup>30</sup>:

$$\mathscr{H} = -\epsilon \sum_{\langle i,j \rangle} n_i n_j - J \sum_{\langle i,j \rangle} n_i n_j \delta_{\sigma_{ij},\sigma_{ji}} - J_\sigma \sum_i n_i \sum_{\langle k,\ell \rangle_i} \delta_{\sigma_{ik},\sigma_{i\ell}}.$$
(1)

The first term with  $\varepsilon > 0$  accounts for the van der Waals attraction and hardcore volume exclusion, such that neighboring liquid cells are energetically favorable. This term is due to the long–range attraction and short–range repulsion of the electron clouds<sup>33</sup>. The sum is over all n.n. cells  $h_{i}$ ,  $j_i$ .

The second term with J > 0 accounts for the directional H bond interaction between neighboring liquid cells, which must be correctly oriented in order to form a bond.



**Figure 2.** Three snapshots of the system, for  $N = 100 \times 100$ , showing the Wolff's clusters of correlated water molecules. For each molecule we show the states of the four arms and associate different colors to different arm's states. The state points are at pressure close to the critical value  $P_C$  ( $Pv_0/\varepsilon = 0.72 \approx P_C v_0/\varepsilon$ ) and  $T > T_C$  (top panel,  $k_B T/\varepsilon = 0.053$ ),  $T \approx T_C$  (middle panel,  $k_B T/\varepsilon = 0.0528$ ),  $T < T_C$  (bottom panel,  $k_B T/\varepsilon = 0.052$ ), showing the onset of the percolation at  $T \approx T_C$ . At  $T \approx T_C$  (middle panel) there is one large cluster, in red on the right, with a linear size comparable to the system linear extension and spanning in the vertical direction.

This term is associated with the covalent nature of the bond<sup>34</sup>. Bond variables  $\sigma_{ij}$  represent the orientation of the molecules in cell i with respect to the n.n.

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molecule in the cell *j*, and  $\delta_{a,b} = I$  if a = b and  $\delta_{a,b} = 0$  otherwise. We choose q = 6, giving rise to  $6^4 = 1296$  possible orientational states per molecule.

Experiments show that the formation of a H bond leads to a local volume expansion<sup>2</sup>, so the total volume is given as

$$V = Nv_0 + N_{HB}v_{HB} \tag{2}$$

$$N_{HB} \equiv \sum_{\langle i,j \rangle} n_i n_j \delta_{\sigma_{ij},\sigma_{ji}} \tag{3}$$

is the total number of H bonds, and  $v_{HB}$  is the specific volume increase due to H bond formation.<sup>10</sup> The third term in Eq. (1) with  $J_{\sigma} \ge 0$  represents the manybody interaction among H bonds, related to the *T*-dependent O–O–O correlation<sup>35</sup>, driving the molecules toward a local tetrahedral configuration.<sup>36–39</sup> Here  $(k, \ell)_i$  indicates one of the six different pairs of the four bond variables of molecule i. This interaction introduces a cooperative behavior among bonds, which may be fine tuned by changing  $J_{\sigma}$ . Choosing  $J_{\sigma} = 0$  leads to fully independent H bonds, while  $J_{\sigma} \rightarrow \infty$  leads to fully dependent bonds.

#### 3. The mean field analysis

In the MF analysis the macrostate of the system in equilibrium at constant *P* and *T* is determined by a minimization of the Gibbs free energy per molecule,  $g \equiv (\langle \mathfrak{K} \rangle - PV + TS) / N_w$ 

$$N_w = \sum_i n_i \tag{4}$$

the total number of liquid-like cells, and  $S = S_n + S_\sigma$  is the sum of the entropy Sn over the variables  $n_i$  and the entropy  $S_\sigma$  over the variables  $\sigma_{ij}$ . A MF approach consists of writing g explicitly using the approximations

$$\sum_{\substack{\langle ij\rangle\\i}} n_i n_j \longrightarrow 2Nn^2 \sum_{\langle ij\rangle} n_i n_j \delta_{\sigma_{ij},\sigma_{ji}} \longrightarrow 2Nn^2 p_{\sigma}$$

$$\sum_{i} n_i \sum_{\langle k,l \rangle_i} \delta_{\sigma_{ik},\sigma_{il}} \longrightarrow 6Nn p_{\sigma}$$
(5-7)

where  $n = N_w/N$  is the average of  $n_i$ , and  $p_\sigma$  is the probability that two adjacent bond indices  $\sigma_{ij}$  are in the same state. Therefore, in this approximation we can write

$$V = Nv_0 + 2Nn^2 p_\sigma v_{HB}$$
  

$$\langle \mathscr{H} \rangle = -2Nn \left[ \epsilon n + (Jn + 3J_\sigma) p_\sigma \right]$$
(8,9)

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The probability  $p_{\sigma}$  that two adjacent bond variables form a bond is properly defined as the thermodynamic average of  $\delta_{\sigma ij,\sigma ji}$  over the entire system. It is here approximated as the average over two neighboring molecules, under the effect of the mean-field h of the surrounding molecules,

$$p_{\sigma} = \left\langle \delta_{\sigma_{ij},\sigma_{ji}} \right\rangle_h \tag{10}$$

The ground state of the system consists of all N variables  $n_i = 1$ , and all  $\sigma_{ij}$  in the same state. At low temperatures the symmetry will remain broken, with the majority of the  $\sigma_{ij}$  in a preferred state. We associate this preferred state with the space-filling tetrahedral network of H bonds formed by liquid water, and define  $n_{\sigma}$  as the density of bond indices in this tetrahedral state, with  $1/q \le n_{\sigma} \le 1$ . An appropriate form for h is<sup>30</sup>

$$h = 3J_{\sigma} \frac{1 + (q-1)m_{\sigma}}{q} \tag{11}$$

where  $0 \le m_{\sigma} \le 1$  is an order parameter associated with the number of bond variables in the preferred state.

Equating the MF relation

$$p_{\sigma} \equiv n_{\sigma}^{2} + \frac{(1 - n_{\sigma})^{2}}{q - 1}$$
(12)

with the approximate expression in Eq. (10) allows us to express  $n_{\sigma}$  in terms of *T*, *P*, and  $m_{\sigma}$ , which may be substituted into the MF expression for g. The MF approximations for the entropies  $S_n$  of the *N* variables  $n_i$ , and  $S_{\sigma}$  of the 4Nn variables  $\sigma_{ij}$ , are<sup>40</sup>

$$S_n = -k_B N(n \log(n) + (1 - n) \log(1 - n))$$
(13,14)  
$$S_\sigma = -k_B 4 N n [n_\sigma \log(n_\sigma) + (1 - n_\sigma) \log(1 - n_\sigma) + \log(q - 1)]$$

where  $k_B$  is the Boltzmann constant.

Minimizing numerically g with respect to n and  $m_{\sigma}$ , we find the equilibrium values  $n^{(eq)}$  and  $m_{\sigma}^{(eq)}$ . By substitution into Eqs. (4) and (2), we calculate the density  $\rho$  at any (*T*, *P*), the full equation of state. An example of the minimization of *g* is presented in Fig. 1 where, for the model parameters  $J/\varepsilon = 0.5$ ,  $J_{\sigma}/\varepsilon = 0.05$ ,  $v_{HB}/v_0 = 0.5$  and q = 6, a discontinuity in  $m_{\sigma}^{(eq)}$  is observed for  $Pv_0/\varepsilon > 0.8$ . As discussed in Refs. [<sup>13, 30</sup>] this discontinuity corresponds to a first order phase transition between two liquid phases with different degree of tetrahedral order and, as a consequence, different density. The *P* at which the change in  $m_{\sigma}^{(eq)}$  becomes continuous corresponds to the pressure of a LLCP. The occurrence of the LLCP is consistent with one of the possible interpretations of the anomalies of water, as discussed in Ref. [<sup>40</sup>]. However, for different choices of parameters, the model reproduces also the other proposed scenarios.<sup>31</sup>

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#### 4. The Monte Carlo simulations

To perform MC simulations in the NPT ensemble, we consider a modified version of the model in which we allow for continuous volume fluctuations. To this goal, (i) we assume that the system is homogeneous with all the variables  $n_i$  set to 1 and all cells have volume v = V/N; (ii) we consider that  $V \equiv V_{MC} + N_{HB_VHB}$ , where  $V_{MC} > N_{v0}$  is a dynamical variable allowed to fluctuate in the simulations; (iii) we replace the first (van der Waals) term of the Hamiltonian in Eq. (1) with a Lennard-Jones potential with attractive energy  $\varepsilon > J$  plus a hard-core interaction

$$U_{W}(r) \equiv \begin{cases} \infty & \text{if } r \leqslant r_{0}, \\ \epsilon \left[ \left(\frac{r_{0}}{r}\right)^{12} - \left(\frac{r_{0}}{r}\right)^{6} \right] & \text{if } r > r_{0}. \end{cases}$$
(15)

where  $r_0 \equiv (v_0)^{1/d}$ ;<sup>13</sup> the distance between two n.n. molecules is  $(V/N)^{1/d}$ , and the distance r between two generic molecules is the Cartesian distance between the center of the cells in which they are included. The simplification (i) could be removed, allowing the cells to assume different volumes  $v_i$  and keeping fixed the number of possible n.n. cells. However, results of the model under the simplification (i) compare well with experiments.<sup>40</sup> Furthermore, the simplification (i) allows to drastically reduce the computational cost of the evaluation of the  $U_{W(r)}$  term from N(N - I) to N - I operations.

MC simulations are performed with  $N = 10^4$  molecules, each with four n.n. molecules on a 2d square lattice, at constant P and T, and with the same model parameters as for the MF analysis. To each molecules we associate a cell on a square lattice. The Wolff's algorithm is based on the definition of a cluster of variables chosen in such a way to be thermodynamically correlated.<sup>41, 42</sup> To define the Wolff's cluster, a bond index (arm) of a molecule is randomly selected; this is the initial element of a stack. The cluster is grown by first checking the remaining arms of the same initial molecule: if they are in the same Potts state, then they are added to the stack with *probability*  $p_{same} \equiv min$  $[1, 1 - exp(-\beta J_{\sigma})]^{43}$ , where  $\beta \equiv (k_B T)^{-1}$ . This choice for the probability  $p_{same}$ depends on the interaction  $J_{\sigma}$  between two arms on the same molecule and guarantees that the connected arms are thermodynamically correlated. <sup>41</sup> Next. the arm of a new molecule, facing the initially chosen arm, is considered. To guarantee that connected facing arms correspond to thermodynamically correlated variables, is necessary<sup>42</sup> to link them with the probability  $p_{facing} \equiv$ min [1, 1 - exp $(-\beta J')$ ] where  $J' \equiv J - P_{VHB}$  is the P-dependent effective coupling between two facing arms as results from the enthalpy H +PV of the system. It is important to note that J' can be positive or negative

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depending on *P*. If J' > 0 and the two facing arms are in the same state, then the new arm is added to the stack with probability  $p_{facing}$ ; if J' < 0 and the two facing arms are in different states, then the new arm is added with probability  $p_{facing}$ .<sup>44</sup> Only after every possible direction of growth for the cluster has been considered the values of the arms are changed in a stochastic way; again we need to consider two cases: (i) if J' > 0, all arms are set to the same new value

$$\sigma^{\text{new}} = \left(\sigma^{\text{old}} + \phi\right) \mod q \tag{16}$$

where  $\varphi$  is a random number between 1 and q; (ii) if J' < 0, the state of every single arm is changed (rotated) by the same random constant  $\varphi \in [1, ..., q]$ 

$$\sigma_i^{\text{new}} = \left(\sigma_i^{\text{old}} + \phi\right) \mod q. \tag{17}$$

In order to implement a constant P ensemble we let the volume fluctuate. A small increment  $\Delta r/r_0 = 0.01$  is chosen with uniform random probability and added to the current radius of a cell. The change in volume  $\Delta V \equiv V^{new} - V^{old}$ and van der Waals energy  $\Delta E_W$  is computed and the move is accepted with probability min (1, exp  $[-\beta(\Delta E_W + P\Delta V - T\Delta S)])$ , where  $\Delta S \equiv -Nk_B ln(V^{new}/V^{old})$ is the entropic contribution. The cluster MC algorithm turms out to be hundreds of time faster, in generating uncorrelated configurations, than a Metropolics MC dynamics when the system has P and T in the vicinity of the liquid critical point. The efficiency of the Wolff's cluster algorithm is a consequence of the exact relation between the average size of the finite clusters and the average the size of the regions of thermodynamically correlated molecules. The proof of this relation at any T derives straightforward from the proof for the case of Potts variables<sup>41</sup> This relation allows to identify the clusters built during the MC dynamics with the correlated regions and emphasizes (i) the appearance of heterogeneities in the sturctural correlations,<sup>45</sup> and (ii) the onset of percolation of the clusters of tetrahedrally ordered molecules at the liquid-liquid critical point,<sup>46</sup> as shown in Fig. 2.

#### 5. Effects of the hydrogen bond strength and cooperativity

From the MF analysis, when  $J_{\sigma} = 0$  the model coincides with the one proposed in<sup>10</sup> which gives rise to the SF scenario (Fig. 3a). When  $J_{\sigma} > 0$  the model displays a phase diagram with a LLCP (Fig. 3b) [13]. For  $J_{\sigma} \rightarrow 0$ , keeping J and the other parameters constant, we find that  $T_{C'} \rightarrow 0$ , and the power–law behavior of  $K_T$  and the isobaric thermal expansion coefficient  $\alpha_P$  is preserved. Further, we find for the entropy S that, for any value of  $J_{\sigma}$ ,  $(\partial S/\partial T)_P \sim |T - T_{C'}|^{-1}$ .

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Figure 3. Phase diagram predicted from our calculations for the cell model with fixed H bond strength ( $J/\varepsilon = 0.5$ ), fixed H bond volume increase ( $v_{HB}/v_0 = 0.5$ ), and different values of the H bond cooperativity strength  $J_{\sigma}$  (a) Singularity-free scenario ( $J_{\sigma} = 0$ ) from MF calculations. At high T, liquid (L) and gas (G) phases are separated by a first order transition line (thick line)ending at a critical point C, from which a L-G Widom line (double-dot-dashed line) emanates. In the liquid phase, the  $\alpha_P$  maxima and the  $K_T$  maxima increase along lines that converge to a locus (dot-dashed line). In C' both  $\alpha_P$  and  $K_T$  have diverging maxima. The locus of the maxima is related to the L-L Widom line for  $T_{C'} \rightarrow 0$  (see text). (b) Liquid–liquid critical point scenario (for  $J_{\sigma}/\epsilon = 0.05$ ) from MF calculations. At low T and high P, a high density liquid (HDL) and a low density liquid (LDL) are separated by a first order transition line (thick line) ending in a critica lpoint C', from which the L-L Widom line emanates. Other symbols are as in the previous panel.(c) Critical-point free scenario ( $J_{\sigma}/\varepsilon = 0.5$ ) from MF calculations. The HDL-LDL coexistence line extends to the superheated liquid region at P < 0, merging with the liquid spinodal (dotted line) hat bends toward negative P. The stability limit (SL) of water at ambient conditions (HDL) is limited by the superheated liquid-to-gas spinodal and the supercooled HDL-to-LDL spinodal (long-dashed thick line), giving a re-entrant behavior as hypothesized in the SL scenario. Other symbols are as in the previous panels. (d) Phase diagram from MC simulations, for  $J_{\sigma}/\varepsilon = 0.02, 0.05, 0.3, 0.5$  (thick lines with symbols and labels). For  $J_{\sigma}/\varepsilon = 0.5$ , we find the CPF scenario, as in panel (c). For  $J_{\sigma}/\varepsilon = 0.3$ , we find C' (large circle) at P < 0 [14], with the L-L Widom line (crosses). For  $J_{\sigma} = 0.05$ , we find the LLCP scenario with C' at P > 0, as in panel (b). For  $J_{\sigma}/\varepsilon = 0.02$ , C' approaches T = 0 as in the SF scenario in panel (a). Errors are of the order of the symbol sizes. Lines are guides for the eyes. In all panels,  $k_B$  is the Boltzmann constant.

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**Figure 4.** Possible scenarios for water for different values of J, the H bond strength, and  $J_{\sigma}$ , the strength of the cooperative interaction, both in units of the van der Waals energy  $\varepsilon$ . The ratio  $v_{HB}/v_0$  is kept constant. (i)  $I_{\sigma}J = 0$  (red line), water would display the singularity free (SF) scenario, independent of J. (ii) For large enough  $J_{\sigma}$ , water would possess a first-order liquid-liquid phase transition line terminating at the liquid–gas spinodal—the critical point free (CPF) scenario; the liquid spinodal would retrace at negative pressure, as in the stability limit (SL) scenario (yellow region). (iii) For other combinations of J and  $J_{\sigma}$ , water would be described by the liquid–liquid critical point (LLCP) scenario. For large  $J_{\sigma}$ , the LLCP is at negative pressure (ochre region). For small  $J_{\sigma}$ , the LLCP is at positive pressure (orange region). Dashed lines separating the three different regions correspond to mean field results of the microscopic cell model. The P - T phase diagram evolves continuously as J and  $J_{\sigma}$  change.

This critical behavior of the derivative of S implies that  $C_P \equiv T(\partial S/\partial T)_P$ diverges when is non-zero  $(J_{\sigma} > 0)$ , but  $C_P$  is constant for the case  $T_{C'} = 0$   $(J_{\sigma} = 0)$ , which corresponds to the SF scenario.<sup>10</sup> Therefore, the SF scenario coincides with the LLCP scenario in the limiting case of  $T_{C'} \rightarrow 0$  for  $J_{\sigma} \rightarrow 0$  (Fig. 4). Next, we increase  $J_{\sigma}/J$ , keeping J constant, and observe that C' moves to larger T and lower P. For  $J_{\sigma} > J/2$ , we observe that  $P_{C'} < 0$  as in.<sup>14</sup> By further increasing  $J_{\sigma}$ , we observe that the liquid–liquid coexistence line intersects the liquid–gas spinodal, which is precisely the CPF scenario (Fig. 3c).<sup>15,47</sup> As in Ref. [12], we find that the superheated liquid spinodal merges with the supercooled liquid spinodal, giving rise to a retracing spinodal as in the SL scenario. Hence, the CPF scenario and the SL scenario (i) coincide and (ii) correspond to the case in which the cooperative behavior is very strong. In

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Fig 4. we summarize our results in the  $J/\varepsilon$  vs.  $J_{\sigma}/\varepsilon$  parameter space. The MC simulations confirm the MF results (Fig. 3d). For large values of  $J_{\sigma}$  ( $J_{\sigma} = J = 0.5\varepsilon$ ), we find a HDL–LDL first–order phase transition that merges with the superheated liquid spinodal as in the CPF scenario. At lower  $J\sigma$  ( $J_{\sigma} = 0.6J = 0.3\varepsilon$ ), a HDL–LDL critical point appears at P < 0,<sup>14</sup> with the liquid–liquid Widom line intersecting the superheated liquid spinodal. By further decreasing  $J_{\sigma}$  ( $J_{\sigma} = J/10 = \varepsilon/20$ ), the HDL–LDL critical point occurs at P > 0 as in the LLCP scenario, with the liquid–liquid Widom line intersecting the P = 0 axis. By approaching  $J_{\sigma} = 0$  ( $J_{\sigma} = J/25 = \varepsilon/50$ ), we find that the temperature of the HDL–LDL critical point approaches zero and the critical pressure increases toward the value  $P = \varepsilon/v_0$  independent of  $J_{\sigma}$ . The liquid–liquid Widom line approaches the T = 0 axis, consistent with our MF results for  $J_{\sigma} \rightarrow 0$ . Thus, we offer a relation linking the four proposed scenarios, showing that (i) all can be included in one general scheme and (ii) the balance between the energies of two components of the H bond interaction determines which scenario is valid.

#### 6. Changes with pressure of the specific heat

Our MF calculations and MC simulations of the cell model allow us to offer also an intringuing interpretation<sup>51</sup> of a phenomenon recently observed. Recent experiments on water confined in cylindrical silica gel pores with diameters of 1.2–1.8 nanometers allow to probe extremely low temperatures that are inaccessible to bulk water. Under these conditions, two maxima in  $C_P$ have been observed as the temperature decreases.<sup>48-50</sup> A prominent peak at low T is accompanied by a smaller and broader peak at higher T. These experiments have been interpreted in terms of non-equilibrium dynamics [50]. Our analysis, instead, provides a thermodynamic interpretation, supported by very recent experiments.  $^{52, 53}$  From simulations for the model parameters J/ $\epsilon$  = 0.5,  $J_{\sigma}/\varepsilon = 0.05$ ,  $v_{HB}/v_0 = 0.5$  and q = 6, we calculate  $C_P \equiv (\partial H/\partial T)_P$ , where H  $= \langle E \rangle + P \langle V \rangle$  is the enthalpy, and  $\langle \rangle$  denotes the thermodynamic average. For low pressure isobars, such as  $P_{\nu 0} / \varepsilon = 0.001$ , we observe the presence of two C<sub>P</sub> maxima: one, at higher T, and the second, at lower T, sharper [Fig. 5(a)]. The less sharp maximum moves to lower T and eventually merges with the sharper maximum as P is raised toward  $P_c$ . The temperature of the sharper maximum does not change much with P at low P; its value slowly increases, reaching the largest values at the critical pressure  $P_c$ .<sup>54</sup> Approaching  $P_c$  from below the two maxima merge. For  $P > P_c$  this maximum occurs at the temperature of the firstorder liquid-liquid (LL) phase transition. For  $P >> P_c$  the two maxima split:  $C_P$ for the sharper maximum decreases in value and shifts to lower T along the LL

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phase transition line, while  $C_P$  for the less sharp maximum is independent of P [Fig. 5(b)], as has been noted.<sup>55, 56</sup>



**Figure 5.** (a) Temperature dependence of the specific heat CP from MC simulations, for the parameters in the text, along low pressure isobars with  $P < P_C$ . A broad maximum is visible along with a more pronounced one at lower T. The first maximum moves to lower T as the pressure is raised and it merges with the low–T maximum  $a_t Pv / \varepsilon \approx 0.4$ . Upon approaching  $P_Cv_0/\varepsilon = 0.70 \pm 0.02$  the sharp maximum increases in value. (b) Same for  $P \ge P_C$ : the two maxima are separated only for  $Pv_0/\varepsilon > 0.88$ ; the sharp maximum decreases as P increases. In both panels errors are smaller han symbol size.

We also calculate  $C_P$  in the MF approximation.<sup>40</sup> We find that the two maxima are distinct only well below  $P_c$  [Fig. 6(a)]. Both maxima move to lower T as P increases, though the less sharp maximum at higher T has a more pronounced

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P-dependence. Above  $P_{v0}/$  0.3, the two maxima merge into a single maximum.



**Figure 6.** Same as in Fig. 5 but from mean-field calculations (a) at P < PMFc and (b) at  $P > P_c^{MF}$ . The mean-field critical pressure is  $= 0.81 \quad 0.04$ .

We also find that for higher P [Fig. 6(b)] the maximum of  $C_P$  increases on approaching the MF critical pressure  $P_c^{MF}v_0/=0.81\pm0.04$  and that the single maximum for  $P > P_c^{MF}$  marks the LL phase transition line.<sup>54, 57</sup>

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**Figure** 7. (a) Decomposition of C from MC simulations [Fig. 5] for Pv0/q = 0.1 into the cooperative component  $C_P^{Coop}$  and the SF component  $C_P^{SF}$ . (b) Comparison of MF calculations for the LLCP scenario case ( $J_{\sigma}/\varepsilon = 0.05$ ) and the SF case ( $J_{\sigma} = 0$ ). The low-T maximum is present only in the LLCP case. Both lines are calculated at  $Pv_0/\varepsilon = 0.1$ .

To understand the origin of the two  $C_P$  maxima, we write the enthalpy as the sum of two terms

$$H = H^{SF} + H^{Coop} \tag{18}$$

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where  $H^{SF} \equiv \langle -JN_{HB} + P(V_{MC} + NH_{BVHB}) \rangle$  and  $H_{Coop} \equiv H - H^{SF}$ . Hence, we consider  $C_P = C_P^{SF} + C_P^{Coop}$ , where we define the SF component  $C_P^{SF} \equiv (\partial H^{SF}/\partial T)_P$  and the cooperative component  $C_P^{Coop} \equiv \partial H^{Coop}/\partial T)_P$  [Fig. 7(a)].



**Figure 8.** (a) Temperature dependence of  $(|dN_{HB}/dT|)_P$  for different isobars. (b) Temperature dependence of  $(|dN_{IN}/dT|)_P$  for different isobars.

 $C_{SF}^{P}$  is responsible for the broad maximum at higher *T*.  $C_{P}^{SF}$  captures the enthalpy fluctuations due to the hydrogen bond formation given by the terms proportional to the hydrogen bond number  $N_{HB}$ . This term is present also in the SF model<sup>10</sup>. To show that this maximum is due to the fluctuations of hydrogen bond formation, we calculate the locus of maximum fluctuation of  $N_{HB}$ , related to the maximum of  $|dN_{HB}/dT|_{P}$  [Fig. 8(a)], and find that the temperatures of these maxima correlate very well with the locus of maximum of  $C_{P}^{SF}$  [Fig. 9].We

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find in Fig. 7(a) that the maximum of  $C_P$  at lower T is given by the maximum of  $C_P^{Coop}$ . To show that  $C_P^{Coop}$  corresponds to the enthalpy fluctuations due to the IM term in Eq. 1 proportional to  $J_{\sigma}^{58}$  we calculate  $|dN_{IM}/dT|_P$ , where  $N_{IM}$  is the number of molecules with complete tetrahedral order. We find that the locus of maxima of  $|dN_{IM}/dT|_P$  [Fig. 8(b)] overlaps with the locus of maxima of  $C_P^{Coop}$  [Fig. 9].



**Figure 9.** Phase diagram from MC simulations showing the liquid–gas transition (thick line), the liquid–liquid transition (squares) and the temperature of maximum density (TMD). Emanating from the LLCP (full circle) is the locus of maxima of  $C_P^{Coop}$  (crosses), the locus of maxima of  $C_P^{SF}$  (diamonds), the locus of maxima of  $|dN_{HB}/dT|$  (dark line) and the locus of maxima of  $|dN_{IH}/dT|$  (light line). At pressure above the LLCP, a dashed line connects as a guide for the eyes the locus of maxima of  $C_P^{SF}$ .

Therefore, the maximum of  $C_P^{Coop}$  occurs where the correlation length associated with the tetrahedral order is maximum, i.e. along the Widom line associated with the LL phase transition.<sup>40</sup> In MF we may compare  $C_P$  calculated for the LLCP scenario ( $J_{\sigma} > 0$ ) with  $C_P$  calculated for the SF scenario ( $J_{\sigma} = 0$ ) [Fig. 7(b)]. We see that the sharper maximum is present only in the LLCP scenario, while the less sharp maximum occurs at the same *T* in both scenarios. We conclude that the sharper maximum is due to the fluctuations of the tetrahedral order, critical at the LLCP, while the less sharp maximum is due to fluctuations in bond formation. The similarity of our results with the experiments in nanopores is striking.<sup>50</sup> Data in ref. [<sup>50</sup>] show two maxima in  $C_P$ . They have been interpreted as an out–of–equilibrium dynamic effect in [<sup>15,50</sup>], but more recent experiments <sup>52,53</sup> show that they are a feature of equilibrated confined water. Therefore, our interpretation of the two maxima is of considerable interest.

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#### 7. Conclusion

The behavior of metastable water under pressure is the object of an intense experimental and theoretical investigation. Here we have summarized some of the recent results, including studies for bulk, confined and interfacial water. By analyzing a cell model within a mean field approximation and with Monte Carlo simulations, we have showed that all the scenarios proposed for water's P-T phase diagram may be viewed as special cases of a more general scheme. In particular, our study shows that it is the relationship between H bond strength and H bond cooperativity that governs which scenario is valid. We have also considered recent experiments on confined water at low temperatures that display two maxima in the specific heat. Our analysis of metastable water at very low T and for increasing P, provides an intriguing interpretation of the phenomenon, based exclusively on the thermodynamic properties of water. In conclusion, the investigation of the properties of metastable liquid water under pressure could provide essential information that could allow us to understand the mechanisms ruling the anomalous behavior of water. This understanding could, ultimately, lead us to the explanation of the reasons why water is such an essential liquid for life.

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